



City of Rochelle,
Illinois
Office of the Mayor
Proclamation

NATIONAL SUICIDE PREVENTION AND RECOVERY MONTH

WHEREAS, the week of September 6-12, 2020 is National Suicide Prevention Week, and September 2020 is National Recovery Month, when millions of people around the world join their voices to share a message of hope and healing; and

WHEREAS, these observances are united in raising awareness that prevention is possible; treatment is effective; and people do recover; and

WHEREAS, in these challenging times messages of hope and healing are more needed than ever; and

WHEREAS, resiliency begins early in life within families, day cares, and schools, and can be strengthened and reinforced throughout the life span; and

WHEREAS, recovery and wellness encompass the whole individual, including mind, body, spirit, and community; and

WHEREAS, we urge everyone to play a role in suicide prevention and promoting health and wellness; and

WHEREAS, the benefits of preventing and overcoming mental health challenges, suicide attempts and loss, and substance abuse are significant and valuable to individuals, families, and our community at large; and

WHEREAS, it is essential that we educate residents about suicide, mental health and substance abuse problems and the ways they affect all people in the community; and

WHEREAS, we must encourage relatives, friends, co-workers, and providers to recognize the signs of a problem, and guide those in need to appropriate services and supports; and

WHEREAS, Suicide Prevention Week and Recovery Month inspire millions of Americans to raise awareness, build resiliency, and find hope.

NOW, THEREFORE I John Bearrows, Mayor of City of Rochelle, proclaim the month of September 2020 is Suicide Prevention and Recovery Month: "Finding Hope, Building Resiliency, Supporting Recovery".

John Bearrows, Mayor

Attest: _____
Susan L. Messer, City Clerk

